Core Cycle Studios Assumption of Risk, Waiver, and Release

By participating in and/or attending classes, events, activities and other programs and/or by using the premises, facilities, equipment (individually and or collectively the "Classes and Facilities") of Core Cycle, you hereby acknowledge on behalf of yourself, your heirs, personal representatives and/or assigns, that there are certain inherent risks and dangers in indoor cycling and exercise equipment in association with the Classes and Facilities, and that you participate in and/or use the Classes and Facilities entirely at your own risk.

You acknowledge and agree that some of these risks cannot be eliminated, regardless of the care taken to avoid injury. While specific risks vary depending on activity, risks may range from minor injuries, such as scratches, bruises and sprains, to major injuries such as loss of sight, joint or back injuries, heart attacks, seizures, and concussions, or catastrophic injuries including but not limited to paralysis and death. We urge you to obtain a physical examination from a doctor before participating in any activity or using any equipment or the facility of Core Cycle.

You acknowledge that if you have any chronic disabilities or conditions, you are at risk in using the Core Cycle Classes and Facilities, and you should not utilize the Classes or Facilities without specific approval by your doctor. At all times, you agree to comply with all stated and customary terms, posted safety signs, rules, and verbal instructions given to you by Core Cycle staff or instructors.

In consideration of your participation in and/or use of the Classes and Facilities, you hereby (1) agree to assume full responsibility for any and all injuries or damages which are sustained or aggravated by you in relation to the Classes and Facilities; (2) you release, indemnify and hold harmless Core Cycle, its owners, officers, directors, members, employees, agents, instructors, successors and/or assigns (collectively "Core Cycle"), and all others, from any and all responsibility, claims, actions, suits, procedures, costs, expenses, damages, and liabilities (including but not limited to negligence) to the fullest extent allowed by law arising out of or in any way relating to your participation in and/or use of the Classes and Facilities; and (3) represent and warrant that you do not have a physical or mental condition that would prevent you from safely participating in or using the Classes and Facilities or put you in any physical or medical danger, and you have not been instructed by a physician not to participate in physical exercise.

IMPORTANT NOTICE REGARDING COVID-19: You acknowledge that you have had an opportunity to review all state, local, and federal information and warnings provided to the public by various government agencies regarding COVID-19, which has been declared a worldwide pandemic by the World Health Organization ("WHO"), including the guidelines, safety precautions, suggested preventive measures, social distancing, and sanitization recommendations, and the required restrictions and health dangers regarding the public emergency related to COVID-19/coronavirus, including the high risk of contagion including from person-to-person contact. By signing below, and participating at Core Cycle in exercise, classes, and/or training you accept and acknowledge any risk that your participation in Core Cycle training and/or instruction may present related to COVID-19, and agree to release, indemnify, and forever hold harmless Core Cycle, and all trainers, instructors, contractors, owners, agents, and employees, and any of their representatives, agents, or contractors, from any and all damage or liability arising from or relating to COVID-19/coronavirus. Core Cycle cannot guarantee that you will not become exposed, infected, or otherwise contract COVID-19 while attending, participating in, or otherwise engaging in any activities at or in connection with Core Cycle, and you expressly assume any and all risk related to COVID-19.

I have read this Assumption of Risk, Waiver, and Release Agreement, fully understand its terms, and understand that I am giving up substantial rights including my right to sue Core Cycle under certain circumstances. I acknowledge that I am signing this waiver freely and voluntarily. The term of this waiver is indefinite.

With regard to valuables and personal property, you acknowledge that you have been urged to avoid bringing valuables into the Core Cycle facilities, and Core Cycle shall not be liable for loss, theft or damage to your personal property. You acknowledge that no portion of any fees paid by you is in consideration for safeguarding your valuables.

CORE CYCLE	PARTICIPANT (INCLUDING INSTRUCTORS)
Ву:	Printed Name:
Date:	Date: